

Tentative Indoor Lax Schedule Madison Parks and Recreation

Here's what LAX indoors looks like FOR THE MOMENT... • This will be TRUE Parks and Rec. program... • Sign-ups REQUIRED (Attached page 2. No one plays without parental release) • Fees are \$50 for adults and kids • We are soliciting sponsorships in hopes of reducing the fees • We play 90 minute sessions with no breaks, just substitutions every 5 minutes • No Body Contact • Stick Checks only • Veteran players may need to use Women's Lax lacrosse sticks to keep it competitive • We are aiming for 13 weeks but may cut it to 10 depending on number of participants • Knee pads are strongly encouraged (hardwood floors) • We may need to share equipment. This is all EXPERIMENTAL and our rules of play may change to keep it fun and fair.

NOVEMBER 2010

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Program Details subject to change based upon number and age of participants

